



Strategies for Safer Use

Using opioids, whether alone or with others, carries risks—but you can take practical steps to better protect yourself and those around you. This guide aims to connect you with helpful tools.

To scan a QR code, open your phone's camera, point the camera directly at the QR code, and wait for your phone to automatically recognize it. Then, tap the notification to open the link. You can also click the underlined text to take you to the same web page.

Detect Fentanyl



Test Strips

[Bit.ly/ILTestStrips](https://bit.ly/ILTestStrips)

Contact your local Illinois Overdose Prevention Provider or pharmacy to access over-the-counter test strips, which can detect fentanyl and xylazine in different kinds of drugs and drug forms.

Save a Life



Naloxone

FreeNaloxoneIL.com

Visit the [Illinois Helpline](#) or your [local pharmacy](#) to get free naloxone, a nasal spray that reverses opioid-related overdose. No special training needed. Be sure to carry naloxone anywhere you go.

Use Supportive Services



Never Use Alone Hotline

[1-877-696-1996](tel:1-877-696-1996)

Toll-free national overdose prevention, detection, life-saving crisis response, and services for people who use drugs while alone. Peer operators are available 24-hours a day, 7 days a week, 365 days a year.



Illinois Helpline

[833-234-6343](tel:833-234-6343)

Anyone can use this helpline, whether you're struggling with a substance use or gambling problem or care about someone who is. Trained Helpline Specialists answer questions, provide support, and connect you to services in Illinois.

Visit www.ADoseofTruthIL.com for more safety tips and information on opioid use.